

LET'S PARTNER

Extending the Circle of Care Together

As ministry leaders, you are often the first phone call when someone is hurting. You show up, pray, listen, and walk faithfully beside people in crisis. But what happens when the need goes beyond your care?

At Vibrantly Live, our heart is to partner with churches so that together we can provide the full support people need to heal and grow.

How We Come Alongside You

- **Partnership, not replacement:** We extend the care you're already giving, never compete with it.
- **Personalized plans:** Every client receives a care plan tailored to their needs and goals.
- **Flexible options:** In-person or virtual sessions meet people where they are.
- **Clear communication:** With permission, we provide periodic updates so you're not left guessing.

Referring Someone Is Simple

You don't have to do anything complicated. Just share our contact information or pass along one of the brochures we've enclosed.

Their **first step** is a complimentary 30-minute phone call — a chance to meet one of our counselors, ask questions, and see if working together feels like a good fit.

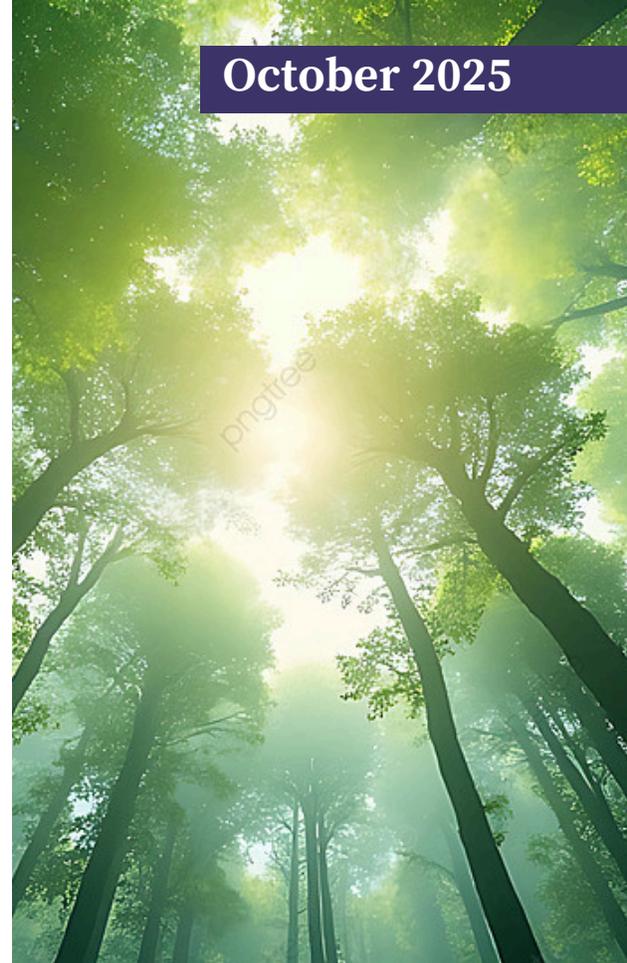
During this call:

- They'll get to know us and share what they're hoping to work on.
- We'll answer questions and outline next steps.
- By the time their first session begins, they'll be prepared to step into meaningful work right away.



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Digital Newsletter



How to Recognize When Someone in Your Care Needs More Than Spiritual Support

If you've been in ministry for any length of time, you've probably sat with someone, prayed earnestly, and still felt a tug in your spirit: "They may need something more than I can give right now."

That realization can feel heavy. You care deeply, but you also know your care has limits. The good news? Recognizing when to bring in professional support isn't a failure of faith, it's an act of love. It's part of stewarding both your ministry and their well-being. Below are a few signs that spiritual care alone may not be enough.

When These Patterns Show, Take Notice

- **Daily life is unraveling:** work, school, or family responsibilities are falling apart.
- **Emotions stay intense:** sadness, anxiety, or anger dominate most days for weeks.
- **Past trauma is resurfacing:** flashbacks, nightmares, or emotional numbing.
- **Safety is at risk:** talk of self-harm, abuse, or harm to others.
- **Unhealthy coping increases:** alcohol, drugs, or other numbing behaviors.
- **Cycles repeat:** despite prayer and encouragement, they keep returning to the same crisis.

Bottom line: when safety, stability, or healing stalls, it's time to widen the circle of care.

When to Refer

- Right away if there's danger to themselves, dependents, or others.
- Soon if functioning is sliding, emotional weight is unrelenting, or trauma patterns are showing up.

How to Say It with Care

Sometimes the hardest part isn't knowing when to refer, but how to bring it up. Here's a gentle way to frame it:

"I'm honored you trusted me with this. I want you to feel supported in every way. Some of what you're carrying may benefit from a counselor's care alongside what we'll continue to do together. You won't be walking this road alone — we'll take this step as a team."

This language reminds them that professional counseling isn't replacing spiritual support, it's partnering with it.

Be Ready

- Keep a trusted list of referral partners.
- Decide in advance how your team will handle safety situations.
- Normalize the message: In our church, both prayer and professional support are gifts God uses for healing.

A practical next step is to build or update your referral list now, before a crisis arises.

Your care is already making a difference. Adding this layer of preparation simply ensures that when someone in your congregation needs more than spiritual support, you'll be ready to guide them toward the help that best serves their healing.



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